

USER GUIDE

PACER® WALKING FRAME WITH 8" WHEELS

Code: 66797



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Intended use

The Pacer® folding walking frame with is designed for individuals who require additional support while walking. It should be used as a tool to assist people who have mobility difficulties with standing, walking, or sitting independently. It is suitable for indoor and outdoor use on flat surfaces.

A superbly balanced walking frame. Features include anatomical hand grips, large 8" easy-run castors, steel frame for strength, adjustable handle height and improved handle locking system. Comes standard with basket and tray. Extra easy to fold for storage.

Definitions

Symbols used in this user guide and their meanings:



WARNING! Failure to heed this warning may result in damage to the product or serious injury to the operator/user.



CAUTION! Beware of pinch points.



ATTENTION! Read and understand the instructions in the user guide before using the product.

SAFETY WARNINGS

To ensure your safety in using the walking frame, the following safety information and all instructions must be followed.



ATTENTION! This user manual must be read before using the walking frame. Severe injury or death may result if user instructions, maintenance instructions and product warnings are not followed.




WARNING! The decision to use this walking frame should always be guided by a qualified Health Care Professional, who can also advise and assist with the correct height adjustment and usage instruction.



CAUTION! Fingers or other body parts can be trapped between the walking frame's folding mechanism during operation. Be extremely careful when adjusting the walking frame. Observe the dimensions of gaps between the walking frame's elements to avoid trapping your fingers or other body parts.

- DO NOT exceed the maximum weight capacity (including basket contents) or serious injury could result: **Maximum weight capacity: 160kg**
- DO NOT hang anything from the walking frame other than the basket. The basket has a weight limitation of 8kg
- DO NOT use the walking frame to pull-up on. The walking frame is not a transfer aid
- Instruction and practice are necessary for successful use of the walking frame.
- Ensure handbrakes are fully operational before each use
- DO NOT use the walking frame until the handles are properly adjusted and securely tightened.
- Ensure left and right handles are level to avoid instability problems

- Always lock brakes when using the walking frame seat
- The walking frame can be used indoor and/or outdoor on level, firm surfaces.
- Use the walking frame only for the purpose it is intended for
- DO NOT stand on the walking frame
- DO NOT use the walking frame as a wheelchair; doing so may cause a tip over, resulting in injury.
- Note that a shift of balance due to body movements may increase the risk of the walking frame tipping over. Always make sure the load on the walking frame is even
- Surface temperatures of the walking frame can increase/decrease when exposed to external sources of heat (e.g. sunlight, outdoor environment)

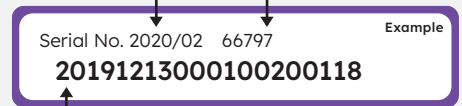
 **WARNING! BEFORE USE make sure the handle height adjustment knobs are tight and the folding bar is firmly down. Check the brakes are working correctly.**

Product specifications

Maximum user weight	160kg
Weight capacity of basket	8kg
Approximate frame weight	7kg
Adjustable handle height	780mm – 1020mm
Width between handles	420mm
Overall width	590mm
Inside width	440mm
Folded depth	250mm
Wheel diameter	200mm (8")
Usage	Indoor and outdoor use

Product labels

- Date of manufacture
- Model number




- Serial number

- Model name and number
- Refer to instructions for use



- Indoor and outdoor use only
- Maximum safe working load
- Total width of walking frame

 **WARNING!** All labels must remain readable. Immediately replace unreadable or missing labels. The serial number label is very important for identifying the product. It may not be removed.

Instructions for use

Selecting the appropriate height



WARNING! Seek advice from a qualified Health Care Professional for the appropriate height to suit your needs.

It is important to set the walking frame to the correct height; seek guidance from your Health Care Professional for the appropriate height level to suit your needs.

When the frame height is correct you should be able to maintain an upright posture with the elbow slightly flexed. In this way, body weight is taken through the frame by pushing down on the frame when walking.

The general guide is:

1. Stand with your arms relaxed at your side
2. The top of the walking frame handle should be aligned with the wrist. (You can also align with the hip joint area but the wrist measurement is more often correct)
3. You should not have your shoulders raised or dropped when using the walking frame



CAUTION! Beware of pinch points when adjusting any of the walking frame functions.

Assembly

To install handle bars:

1. Remove adjustment knob and bolt from both handles. Insert handles into walking frame
2. With your arm relaxed at your side, position the handle to the appropriate height
3. Insert the bolt through the frame, handle and plastic washer
4. Attach securely with knob

How to fold and unfold the walking frame

1. To unfold, place all wheels on the ground and push down on front sliding bar
2. To fold, pull sliding bar upwards



WARNING! Ensure the frame is fully open before use.

Brakes

1. Push down both brakes to lock them on — you should feel/hear a “click”
2. Pull up to release brakes
3. Squeeze brakes while moving to slow down e.g. on slopes

Brakes adjustment

1. To adjust cable at handle loosen lock nut and turn cable end in to loosen brake or out to tighten brake
2. To adjust the bottom cable adjustment (above wheel), turn nut towards brake to tighten or turn nut upwards to loosen brake



WARNING! When using the walking frame in a stationary position, the handbrakes **MUST** always be locked.

Care and maintenance

Cleaning

- Clean the walking frame regularly with a damp cloth
- Use a mild washing agent and warm water for excess dirt build up
- Do not use harsh abrasives or bleach based agents which may cause damage or discolouration

Maintenance

- Ensure that every part of the walking frame is secure at all times.
- Check all screws for tightness. If not, tighten if necessary
- Replace any broken, damaged or worn items immediately

Maintenance schedule

Weekly	<ul style="list-style-type: none">• Check brake function• Check all wheels, nuts and bolts are secure
Periodically	<ul style="list-style-type: none">• Check handgrips for wear• Check folding hinge bolts are secure• Check front and rear axle bolts are secure• Check frame for wear or cracks• Check wheels for damage or splitting
Yearly	<ul style="list-style-type: none">• Take your walking frame to an authorised dealer for a full check, clean and service

Wheels

- Clean wheels and castors with a mild washing agent and warm water
- Lubricate with multi-purpose oil periodically or if wheels begin to squeak

Serviceable components

- Wheels
- Hand grips
- Brake cables
- Brake handles
- Bearings
- Nuts and bolts



WARNING! If any faults are found during any inspection, remove from use immediately.



WARNING! Do not make any changes or modifications to this product without consultation from Cubro.

Disposal

Products that can no longer be used are to be disposed of separately from household rubbish. This must be done according to the local and national regulations for environmental protection and raw material recycling. Please look at your local council's website for further information on the correct disposal.

Servicing

For any servicing, maintenance and troubleshooting queries, please contact the Cubro Service Department:

0800 656 527 +64 7 578 7228 sales@cubro.co.nz

149 Taurikura Drive, Tauriko, Tauranga, NZ

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For options, accessories or parts
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Limited warranty

Cubro Ltd warrants the product to be free from defects in materials and workmanship from the date of purchase for a period of 1 year (12 months). Please refer to cubro.co.nz for terms and conditions.

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