

## User guide

Mobilis<sup>®</sup> Quad walking frame

Code: 1836



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## Definitions

### Symbols used in this user guide and their meanings.



**WARNING!** Failure to heed this warning may result in damage to the product or serious injury to the operator/user.



**CAUTION!** Beware of pinch points.



**ATTENTION!** Read and understand the instructions in the user guide before using the product.

## Intended use

The Mobilis® Quad walking frame is designed for individuals who, due to a wide variety of reasons, require additional support while walking. It should be used as a tool to assist people who have mobility difficulties with standing, walking, or sitting independently. It is designed exclusively for indoor and outdoor use on solid, level surfaces and for persons with a maximum body weight of 120kg.

## SAFETY WARNINGS



**ATTENTION!** This user manual must be read before using the walking frame. Severe injury or death may result if user instructions, maintenance instructions and product warnings are not followed.



**WARNING!** The decision to use this walking frame should always be guided by a qualified Health Care Professional, who can also advise and assist with the correct height adjustment and usage instruction.



**CAUTION!** Fingers or other body parts can be trapped between the walking frame's folding mechanism during operation. Be extremely careful

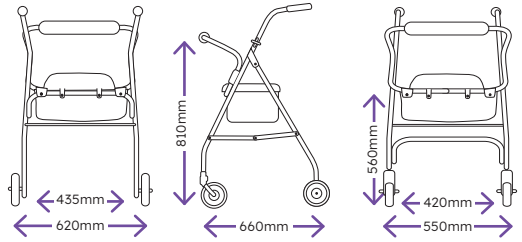
when adjusting the walking frame. Observe the dimensions of gaps between the walking frame's elements to avoid trapping your fingers or other body parts.

- **DO NOT** exceed the maximum weight capacity (including bag contents) or serious injury could result: **Maximum weight capacity: 120kg**
- **DO NOT** hang anything from the walking frame other than the bag. The bag has a weight limitation of 5kg
- **DO NOT** use the walking frame to pull-up on. The walking frame is not a transfer aid

- Instruction and practice are necessary for successful use of the walking frame
- Ensure handbrakes are fully operational before each use
- **DO NOT** use the walking frame until the handles are properly adjusted and securely tightened
- Ensure left and right handles are level to avoid instability problems
- Always lock brakes when using the walking frame seat
- The walking frame can be used indoor and/or outdoor on level, firm surfaces
- Use the walking frame only for the purpose it is intended for
- **DO NOT** stand on the walking frame
- **DO NOT** use the walking frame as a wheelchair; doing so may cause it to tip over, resulting in injury
- Note that a shift of balance due to body movements may increase the risk of the walking frame tipping over. Always make sure the load on the walking frame is even
- Surface temperatures of the walking frame can increase/decrease when exposed to external sources of heat (e.g. sunlight, outdoor environment)

## Product specifications

Description	Mobilis® Quad
Code	1836
<b>Safe working load</b>	
Frame	120kg
Shelf (optional extra)	3kg
Bag	5kg
Approximate frame weight	6.5kg
Adjustable handle height	810mm - 920mm
Seat height	530mm
Seat size	350mm x 330mm
Overall width	620mm
Inside width	435mm
Folded depth	230mm
Usage	Indoor and outdoor use



## Product labels

Inspected serial no.

**2410070035V4206BD0000219**

• Serial number

Mobilis Quad # 1836G

**Cubro**

Cubro Ltd, 149 Taurikura Drive, Tauriko, Tauranga 3110, New Zealand

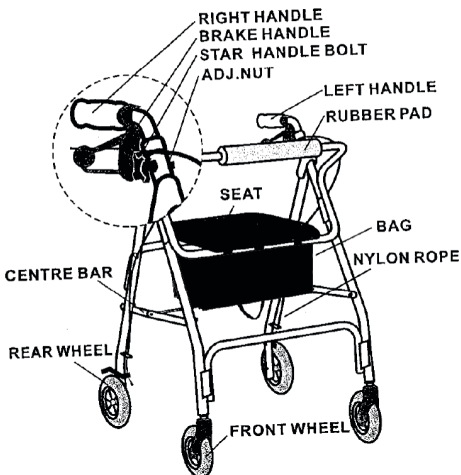
AU: Cubro Australia Pty Ltd, Level 2, 700 Springvale Road, Mulgrave, VIC 3170  
 NZ: Cubro Ltd, 149 Taurikura Drive, Tauriko, Tauranga 3110

MD 120kg 620mm

cubro.co.nz  
 cubro.com.au

## List of components

The Mobilis® Quad walking frames are supplied in boxes and come folded, for easy transportation. The contents include one complete walking frame folded, one bag and one user guide.



#	Model	Manufacturer
Sponsor	Medical device	
Refer to instructions for use	Indoor and outdoor use	
Safe working load	Total width	



**WARNING!** All labels must remain readable. Immediately replace unreadable or missing labels. The serial number label is very important for identifying the product. It may not be removed.

## Instructions for use



**CAUTION!** Beware of pinch points. Take care not to trap your hands, fingers or clothing when adjusting any of the walking frame functions.

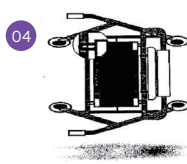
### Unfolding the walking frame

- 01 Push down on the centre bar until frame opens
- 02 Then open out the bag
- 03 Fold down the seat
- 04 Ensure the walking frame is fully open



### Installing the back rest

Insert back rest into frame until the snap buttons engage. Ensure back rest is securely fastened.



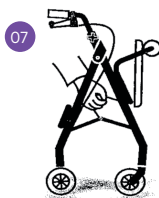
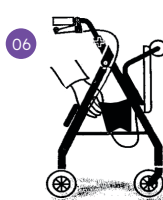
### How to fold

- 05 Lift the seat
- 06 Pull up the bag
- 07 Pull on the nylon rope
- 08 Fold the frame

### Selecting the appropriate height

It is important to set the walking frame to the correct height therefore it is always best to seek guidance from your Health Care Professional for the appropriate height level to suit your needs.

When the frame height is correct the user should be able to maintain an upright posture with the elbow slightly flexed. In this way, body weight is taken through the frame by pushing down on the frame when walking.



### The general guide is:

- Stand with your arms relaxed at your side
- The top of the walking frame handle should be aligned with the wrist. (You can also align with the hip joint area but the wrist measurement is more often correct.)
- The user should not have their shoulders raised or dropped when using the walking frame

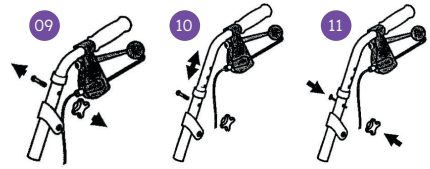


**WARNING!** Seek advice from a qualified Health Care Professional for the appropriate height to suit your needs.



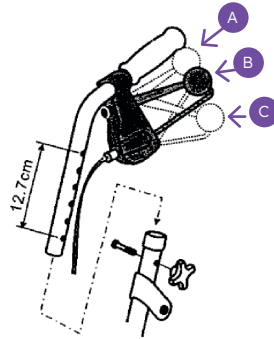
## Handle adjustment

- 09 Remove adjustment knob and bolt from both handles
- 10 Insert handles into walking frame
- 11 Position the handle to the appropriate height. Insert the bolt through the frame, handle and plastic washer. Ensure before tightening that the hexagonal bolt head is into the hexagonal hole in the frame. Tighten knob so handles are firm



## Using the hand brakes

- To operate the brake pull upwards on the hand brake lever **A**
- When using the walking frame to move forward, the hand brake lever will remain in **B**
- To lock the hand brake, push down on the hand brake lever until it “clicks” into the lock position **B** to **C**
- To unlock the hand brake, pull up on the hand brake lever from **B** to **C**



**WARNING!** When using the walking frame in a stationary position, the hand brakes **MUST** always be locked.

## Brake tension and adjustment

- To adjust cable at the hand brake handle, loosen lock nut and turn cable adjuster in to loosen the brake or out to tighten the brake
- Bottom cable adjustment (above wheel) turn nut towards brake to tighten or turn nut upwards to loosen brake

## Care and cleaning

### Cleaning

- Clean the walking frame regularly with a damp cloth
- Use a mild washing agent and warm water for excess dirt build up
- Do not use harsh abrasives or bleach based agents which may cause damage or discolouration

### Wheels

- Clean wheels with a mild washing agent and warm water
- Lubricate wheels with multi-purpose oil periodically or if wheels begin to squeak

## Disposal

Products that can no longer be used are to be disposed of separately from household rubbish. This must be done according to the local and national regulations for environmental protection and raw material recycling. Please look at your local council's website for further information on the correct disposal.

## Maintenance

- Ensure that every part of the walking frame is secure at all times
- Check all screws for tightness. If not, tighten if necessary
- Replace any broken, damaged or worn items immediately

### Maintenance schedule

Weekly	<ul style="list-style-type: none"><li>• Check brake function</li><li>• Check all wheels, nuts and bolts are secure</li></ul>
Periodically	<ul style="list-style-type: none"><li>• Check hand grips for wear</li><li>• Check folding hinge bolts are secure</li><li>• Check front and rear axle bolts are secure</li><li>• Check frame for wear or cracks</li><li>• Check wheels for damage or splitting</li><li>• Check seat for wear and cracks. Ensure it is secured correctly to the frame</li></ul>
Yearly	<ul style="list-style-type: none"><li>• Take the walking frame to an authorised dealer for a full check, clean and service.</li></ul>
Serviceable components	<ul style="list-style-type: none"><li>• Hand grips</li><li>• Brake handles</li><li>• Wheels</li><li>• Bearings</li><li>• Brake cables</li><li>• Nuts and bolts</li><li>• Seat</li></ul>



## Servicing

For any servicing, maintenance and troubleshooting queries, please contact the Cubro Service Department:

**0800 656 527 +64 7 578 7228 sales@cubro.co.nz**

149 Taurikura Drive, Tauriko, Tauranga,  
New Zealand



**WARNING!** If faults are found during any inspection remove from use immediately.



**WARNING!** Do not make any changes or modifications to this product without consultation from Cubro®.

For options, accessories or parts please visit our website or contact us.

For additional copies of this user guide or for a different format, please contact Cubro®.

## Limited warranty

Cubro Ltd warrants the product to be free from defects in materials and workmanship from the date of purchase for a period of 1 year (12 months). Please refer to [cubro.co.nz](http://cubro.co.nz) for terms and conditions.



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